

SPECIAL RUNDOWNS

EDITORS NOTE

The following materials relate to rundowns which are the exclusive province of the Church of Scientology's Flag Land Base.

To date, the original materials have not been liberated from this institution. What is presented here are reconstructions of those materials by people who have trained and delivered them before leaving that organisation.

In the absence of the original materials, the following are presented on an "as is" basis and are used at your own discretion. No warranty is conferred or implied.

If the original materials should become available at a future date, a revision of this volume will be done to include them.

The “L” Rundowns

INTRODUCTION

The L's were developed as a result of research into the levels above OT VIII. The success of the L's is startling. These rundowns can handle things that are handled nowhere else.

The breakthrough which exists here technically is so strong that it actually cuts through the normal protective mechanisms of the mind. It came actually from the OT Grades. It answers the question - Why does an OT restrain himself and cease to behave as an OT?

Each rundown is designed to terminatedly handle a specific area of a person's case. The L's are not grades in themselves but incredible boosters. The basic tech comes from research into increasing OT powers. They're a special class of rundown; they increase a person's power and effectiveness.

Part of the discovery was that this tech could be used lower down on the Bridge to get people up it faster - very much faster.

The L's address the basics of a thetan's case directly. They undercut the reactive mind and handle those factors which suppress the capacity to actually Do, Be and Have. They remove those things that can make a person less himself and far less powerful and causative as a thetan. These rundowns are designed to find and erase the basic counter intentions along one's dynamics. They stabilize a case.

The L's require an expert to run them. The auditor's TRs have to be perfect and there is no room for flubs. So don't audit these rundowns on a PC or PreOT until your auditing is flawless.

SETUP

In all the "L" Rundowns (L10, L11, and L12) the PC or PreOT is fully set up first with a C/S 53 and GF40 expanded if needed.

METHOD 6

The L type of assessment is Method 6.

Method 6 is addressed directly to the thetan, not to the bank. The auditor looks directly at the pc and says the question or item. That bypasses bank protective mechanisms.

A question is asked as a question, going up in the end as in regular assessment TRs.

However, on most of the L rundowns we are assessing in a declarative manner. Declarative is when one goes down in pitch rather than up at the end. Going through a list of possible valences we would declare each one directly to the pc with full intention. We are not asking, we are looking for a reaction on that item. Earlier M6 was done in an accusative manner. That was later revised to be a declarative manner.

PURPOSE OF THE L's

The Ls are intended to handle out-valence and evil purpose cases. We are handling main areas of resistiveness that are stopping the person from expanding. On L10 we handle the main valences that make him restrain his havingness. On L11 we handle evil purposes that keep him from acting. On L12 we stabilize his certainty of being himself. The 3 Ls roughly divide into Have (L10), Do (L11), and Be (L12).

Our main targets are past identities and evil purposes. We will gradually make the person realize that they are not him and thereby free him from them.

The Ls are tailored to the individual. Every pc might not need all the steps, some pcs need extra steps. Particularly L10 doesn't have a fixed program, but contains a number of different possible ways of getting items.